

Teething

Teething signs can start as early as 3 months! Usually all 20 primary teeth have erupted into a child's mouth by the age of 3.

SYMPTOMS

Frequent symptoms of teething include increased **drooling**, a **runny nose**, a decreased appetite for solids, and a mild fever. Other signs include **biting**, facial rashes ear-rubbing, loose motions and irritability.



If your child is showing teething symptoms, it is not advisable to apply topical numbing jellies as these are mostly ingested and not effective in relieving teething pain. Try giving your child a **gum massage**, a cool **teething ring** or over the counter **pain medication** if required.

Please note that fevers above 101 degrees Fahrenheit are NOT associated with teething and may be indicative of a viral or bacterial infection. Children who are teething should still consume a healthy quantity of liquid calories. Rashes on the body or uncontrolled vomiting and diarrhea should be brought to the attention of your child's pediatrician.

PRIMARY TEETH ERUPTION CHART

	UPPER TEETH	ERUPT	SHED
	Central Incisor	8-12 mos.	6-7 yrs.
	Lateral Incisor	9-13 mos.	7-8 yrs.
	Canine (Cuspid)	16-22 mos.	10-12 yrs.
	First Molar	13-19 mos.	9-11 yrs.
	Second Molar	25-33 mos.	10-12 yrs.
	LOWER TEETH	ERUPT	SHED
	Central Incisor	23-31 mos.	10-11 yrs.
	First Molar	14-18 mos.	9-11 yrs.
	Canine (Cuspid)	17-23 mos.	9-12 yrs.
	Lateral Incisor	10-16 mos.	7-8 yrs.
	Central Incisor	6-10 mos.	6-7 yrs.

PERMANENT TEETH ERUPTION CHART

	UPPER TEETH	ERUPT
	Central Incisor	7-8 yrs.
	Lateral Incisor	8-9 yrs.
	Canine (Cuspid)	11-12 yrs.
	First Premolar (First Bicuspid)	10-11 yrs.
	Second Premolar (Second Bicuspid)	10-12 yrs.
	First Molar	6-7 yrs.
	Second Molar	12-13 yrs.
	Third Molar (Wisdom Tooth)	17-21 yrs.
	LOWER TEETH	ERUPT
	Third Molar (Wisdom Tooth)	17-21 yrs.
	Second Molar	11-13 yrs.
	First Molar	6-7 yrs.
	Second Premolar (Second Bicuspid)	11-12 yrs.
	First Premolar (First Bicuspid)	10-12 yrs.
	Canine (Cuspid)	9-10 yrs.
	Lateral Incisor	7-8 yrs.
	Central Incisor	6-7 yrs.

