



**JUST KIDS**

PEDIATRIC DENTISTRY  
& ORTHODONTICS

### **Silver Diamine Fluoride (SDF) Post-Operative Care Instructions**

- Avoid eating or drinking (including water) for 30 minutes to allow the SDF to fully penetrate the treatment site.
- The application areas will darken to a black color over the next 24 hours.
- If the soft tissues, such as the surrounding gums, tongue, or cheek, accidentally contact the SDF, they will darken as well. This discoloration will go away within 10-14 days and will be temporary. On the teeth the black discoloration will remain.